

## Stockton Center on Successful Aging Presents a Tour of Poetry for Seniors

Free Monthly Series Continues Every Third Saturday in Northfield

## For Immediate Release

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**Galloway Township, NJ** – The Stockton Center on Successful Aging (SCOSA) has partnered with the Otto Bruyns Public Library of Northfield to sponsor ongoing senior poetry workshops at the library, located at 241 W. Mill Road in Northfield.

On the third Saturday each month (July 18, Aug. 15, Sept. 19, Oct. 17, Nov. 21, Dec. 19) from 11 a.m. to 1 p.m., participants will enjoy a compelling lecture on poetry and reading from a visiting poet. A light luncheon is offered, compliments of the library and local food service businesses.

In a letter to Louis Untermeyer, poet Robert Frost wrote, "A poem...begins as a lump in the throat, a sense of wrong, a homesickness, a lovesickness. It is a reaching-toward expression; an effort to find fulfillment. A complete poem is one where an emotion finds the thought and the thought finds the words."

This monthly poetry workshop invites participants to seek words for thoughts, to find a type of fulfillment with poetry. During each session, an established guest poet will read original work, present an engaging lecture and encourage participants to write and share something of their own.

Participants will have an opportunity to have their poetry included in the Tour of Poetry Anthology, and will be invited to participate in the intergenerational poetry festival in June 2016. Registration is not required. Visit the SCOSA website at <a href="www.stockton.edu/scosa">www.stockton.edu/scosa</a> for more information, updates and cancellation procedures.