

STOCKTON COLLEGE

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY



Stockton Center on Successful Aging Sponsors Free Lecture for Older Adults at Atlantic City Free Public Library

Introduction to Guided Autobiography on July 11

For Immediate Release

Monday, June 27, 2011

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Atlantic City, NJ- The Stockton Center on Successful Aging (SCOSA) has partnered with the Atlantic City Free Public Library to bring educational opportunities to older adults in Atlantic County. The workshops will be held at the Atlantic City Free Public Library on 1 Tennessee Avenue in Atlantic City from 10:30 a.m. to 11:30 a.m. on the first or last Monday of each month.

In conjunction with the Library's Older Adults Special Interest Series (OASIS) program, SCOSA is presenting "Introduction to Guided Autobiography" on Monday, July 11, 2011 at 10:30 a.m. at the library. This lecture, guided by trained instructor Dr. Lisa Cox, will help individuals organize their life stories and develop the basis for writing their autobiographies. Participants will be led through themes and priming questions that evoke memories of events once known but filed away and seemingly forgotten. Cox is Associate Professor of Social Work at Stockton.

For more information, please contact: Mimi Lee, Outreach and Events Coordinator at the Atlantic City Free Public Library at 609-345-2269 ext. 3115.

Information on SCOSA and scheduled events can be found on its website:
www.stockton.edu/scosa .

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